



Dentists Are Disease Detectives

Your mouth performs a range of important daily activities like eating, drinking, talking and smiling. But did you know that your mouth can also provide clues to other diseases?

- During routine checkups, dentists check for cavities and gum disease, but also monitor symptoms like breath odor, unexplained sores and tooth erosion.
- If certain signs are detected, dentists can urge patients to seek medical attention to better manage their oral and overall health.
- More than 90 percent of common diseases have oral symptoms that can be detected in a dental chair.¹ This includes anemia, diabetes, heart disease, kidney failure and more.²

¹ Academy of General Dentistry, "Warning Signs in the Mouth Can Save Lives," web. ² Steven L. Bricker et al., Oral Diagnosis, Oral Medicine and Treatment Planning (Philadelphia: Lea & Febiger, 1994).

Keeping your smile healthy is an important part of keeping your body healthy. For tips, tools and resources to help you improve and maintain your oral and overall health and wellness, visit Delta Dental's website.